Hurricane Senior Center September 2018 435-635-2089

Monday	Tuesday	Wednesday	Thursday
Rall		erel.	A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00. Milk and bread served with all meals. Salad bar available every day in dining room.
3	4	5	6
<u>Closed for Holiday</u>	Honey Lime Chicken	Gyro Sliced Meat	Glazed Ham
	Rice Florentine	(Beef & Lamb Sliced Meat)	Maple Roasted Sweet Potatoes
HAPPY	Fiesta Vegetable Blend	Lettuce, Tomato, & Onion	Garden Vegetable Blend
- LABOR -	Coleslaw	Tzatziki Sauce	Mixed Green Salad
DAY	Seasonal Fruit	Cucumber Salad	Seasonal Fruit
DAI		Pita Bread	
		Peach Crisp	
10	11	Diet - Hot Peaches	13
Sloppy Joe on Bun	Turkey Stew	Herb Roasted Pork Loin	Homemade Meatloaf
Tater Tots	w/Red Potatoes,	Brown Rice	Brown Gravy
Whole Kernel Corn	Carrots & Celery	Cheesy Cauliflower	Whipped Potatoes
Seasonal Fruit	Beet Salad	Cucumber Salad	Creamed Peas
Pineapple Lime Whip	Biscuit	Apricot Halves	Mixed Green Salad
Diet - Vanilla Pudding	Tropical Fruit	Aprilation	Seasonal Fruit
17	18	19	20
Chicken & Waffles w/Syrup	Beef Taco Salad	Bratwurst	Turkey Noodle Bake
Chicken Tenders	Beef Chili w/Beans	Hoagie Bun	Green Beans
Waffle	Shredded Cheese	Marinara Sauce with	Mixed Green Salad
Pancake Syrup	Brown Spanish Rice	Peppers and Onions	Hot Spiced Pears
Mixed Vegetables	Lettuce, Tomato, & Onion	Coleslaw	
Mixed Green Salad	Tortilla Chips	Seasonal Fruit	
Seasonal Fruit	Seasonal Fruit		
	Strawberry Fruited Gelatin		
	Taco Sauce		
	Sour Cream		
	Diet - Fruited Gelatin		
24	25	26	27
Potato Crusted Pollock	Hamburger Coline	Sliced Turkey & Swiss	Swiss Steak
Au Gratin Potatoes	Lettuce, Tomato, & Onion	on Rye Bread w/	Garlic Whipped Potatoes
Caladau	Baked Beans	Lettuce/Tomato/Onion	Glazed Baby Carrots
Coleslaw	Potato Salad	Green Pea Salad	Mixed Green Salad
Applesauce	Seasonal Fruit	Peaches w/Cottage Cheese	Seasonal Fruit
		Strawberry Shortcake Cookie	
		Diet - Vanilla Wafers	